



# Saint Michael's Dining

Week Of February 20 Dinner

Watch for  
Well Balanced  
Menu Solutions...

...good food that tastes great  
is your reason for  
eating healthy!

Well Balanced entrees & salad recipes  
were developed by our regional  
and national chefs and dietitians.

## Hours

**Monday - Friday**  
7:15am -8:00pm

## Managers

**Jeremy Metcalf x2949**  
Mike Nichols x2946  
Anne Peck x2937

**Catering Manager**  
Scott Quimby x2658

## Chef

**Executive Chef**  
Michael Klein

## Monday

Grill: BBQ Pork Riblet Sandwich  
Entree: Roast Pork  
International: Roasted Garlic Chicken  
Vegetarian/Vegan: Vegan Jerk Spiced Portobello Steak **V**  
Pizza: Sundried Tomato & Feta Pizza

## Tuesday

Grill: Buffalo Chicken & Cheese w/Jalapenos  
Entree: Blackened Chicken  
International: Cajun Shrimp w/Rice  
Vegetarian/Vegan: Blackened Seitan **V**  
Pizza: Alligator Pizza

## Wednesday

Grill: Portobello Reuben Melt  
Entree: Grilled Salmon  
International: pierogies  
Vegetarian/Vegan: Vegan Soy Rolled Taco Salad  
Pizza: Chili Cheese Fries **V**

## Thursday

Grill: Fried Clam Strips  
Entree: Turkey London Broil  
International: Peruvian Lime Chicken  
Vegetarian/Vegan: Orange Sesame Seitan  
Pizza: Rosemary Chicken Patata Pizza

## Friday

Grill: Ham & Swiss Melt  
Entree: Chicken Parmesan  
International: Tuscany Beef  
Vegetarian/Vegan: Jasmine Rice Cakes w/Asian Vegetables

## Saturday

Entree: BBQ Beef Brisket **V**  
Vegetarian/Vegan: Red Beans & Rice **V**

## Sunday

Grill: Corndog w/Maple Bourbon Mustard  
Entree: Sesame Chicken Breast  
International: Sesame & Ginger Pork  
Salad: Antipasto Salad Plate  
Pizza: Buffalo Chicken Pizza