



Saint Michael's Dining

Week Of February 20 Lunch

Watch for
Well Balanced
Menu Solutions...

...good food that tastes great
is your reason for
eating healthy!

Well Balanced entrees & salad recipes
were developed by our regional
and national chefs and dietitians.

Hours

Monday - Friday
7:15am -8:00pm

Managers

Jeremy Metcalf x2949
Mike Nichols x2946
Anne Peck x2937

Catering Manager
Scott Quimby x2658

Chef

Executive Chef
Michael Klein

Monday

Entree: Veal Parmesan Sandwich
Vegetarian/Vegan: Vegan Stuffed Poblano Peppers 
Deli: Baja Turkey Sandwich
Salad: Napa Valley Chicken Salad Plate
<None>: Spicy Antipasto Wrap

Tuesday

Entree: Beef & Potato Stack
Vegetarian/Vegan: Artichoke & Olive Rice Paella 
Deli: Crispy Chicken Po Boy
Salad: Asian Beef Salad Plate
<None>: Fajita Chicken Wrap

Wednesday

Entree: Monte Cristo Sandwich
Vegetarian/Vegan: Vegetrain Chili
Deli: Roast Vegetable & Muenster Sandwich
Salad: Teriyaki Chicken Salad Plate
<None>: Fall Vegetable Wrap

Thursday

Entree: Macaroni & Cheese
Vegetarian/Vegan: Sesame Coated Tofu 
Deli: Balsamic Chicken Sandwich
Salad: Smoked Turkey Cape Cod Salad Plate
<None>: Baja Beef Gordita

Friday

Entree: Spinach & Jack Cheese Enchiladas
Vegetarian/Vegan: Korean Stir-Fry w/Tofu
Deli: BLT w/Garlic Mayo
Pizza: Broccoli CheddarRanch Pizza
<None>: Bourbon Chicken Wrap