



Watch for
Wellness and You!
Menu Solutions...

...good food that tastes great
is your reason for
eating healthy!

Wellness entrees and salad recipes
were developed by our regional
and national chefs and dietitians.

Better By Design
has healthier cuisine...

Hours

Monday - Friday

7:15 - 10:00
11:00 - 1:30
4:30 - 8:00

General Manager
Hank Strashnick x2952

Managers

Mike Nichols x2949
Jeremy Metcalf x2792
Ellen Breen x2937

Catering Manager
Steve Baietti x2658

Chef

Executive Chef
Michael Klein x2201



Saint Michael's Dining wk of 2/8

Dinner

Monday

Grill: Italian Melt 🍅
Entree: Braised Beef 🍅
International: Roasted Garlic Chicken 🌿
Vegetarian/Vegan: Chicken Piccata 🌿
Pizza: French Onion 🍅🌿

Tuesday

Grill: Cheddar Bacon Burger
Entree: Moroccan Chicken 🍅🌿
International: Totally Tortellini 🌿
Vegetarian/Vegan: Sesame Tofu 🌿
Pizza: Chicken Prosciutto Flatbread 🍅

Wednesday

Grill: Grilled Tuna Melt
Entree: Grilled Ham Steaks 🍅
International: Chicken Piccata 🌿
Vegetarian/Vegan: Stuffed Green Peppers 🌿
Pizza: Mushroom Pizza 🍅🌿

Thursday

Grill: Pastrami Reuben Melt
Entree: Ziti & Meatballs 🌿
International: Chicken & 3 Peppers w/Pasta 🌿
Vegetarian/Vegan: Couscous & Chickpea Burger 🍅
Pizza: Chicken Parm Pocket 🍅🌿

Friday

Grill: Patty Melt
Entree: Teriyaki Chicken 🍅🌿
Sweet & Sour Tofu 🌿
International: General Tso's Beef