



Watch for
Wellness and You!
Menu Solutions...

...good food that tastes great
is your reason for
eating healthy!

Wellness entrees and salad recipes
were developed by our regional
and national chefs and dietitians.

Better By Design
has healthier cuisine...

Hours

Monday - Friday

7:15 - 10:00
11:00 - 1:30
4:30 - 8:00

General Manager
Hank Strashnick x2952

Managers

Mike Nichols x2949
Jeremy Metcalf x2792
Ellen Breen x2937

Catering Manager
Steve Baietti x2658

Chef

Executive Chef
Michael Klein x2201

Saint Michael's Dining *wk of 3/8*

Dinner

Monday

Grill: Turkey Bacon Melt 🍔
Entree: Panko Crusted Pork Chop 🍖
International: Totally Tortellini 🌿
Vegetarian/Vegan: Pad Thai Tofu 🌿
Pizza: French Onion 🍕🌿

Tuesday

Grill: Quesadilla Burger
Entree: Mashed Potato Bar 🍟🌿
International: Roasted Garlic Chicken 🌿
Vegetarian/Vegan: Sesame Tofu 🌿
Pizza: Pesto Primavera Pizza 🍕

Wednesday

Grill: Crab Cake Burger
Entree: Blackened Chicken 🍗
International: Beef Picadilla 🌿
Vegetarian/Vegan: Stuffed Green Peppers 🌿
Pizza: Sausage & Pepper Calzone 🍕🌿

Thursday

Grill: Hot Dog
Entree: Baked Ham 🌿
International: Pot Stickers 🌿
Vegetarian/Vegan: Couscous & Chickpea Burger 🍔
Pizza: Greek Pizza 🍕🌿

